

## ZUPPE E INSALATE

### MINISTRONE

cup 2.50/ bowl 4.25

### SOUP OF THE DAY

cup 2.50/ bowl 4.25

### GARDEN SALAD

choice of dressings: italian, ranch, 1000, french,  
creamy garlic. (blue cheese \$1.00 extra)

3.50

### CAESAR SALAD

chopped romaine tossed with croutons  
and caesar dressing

4.50

with chicken 8.75



### TUSCAN SALMON SALAD

grilled salmon, cannellini beans, tomato,  
zucchini & kalamata olives over fresh spinach,  
tossed in a lemon - dijon dressing

9.25

### CHOPPED SALAD

chopped romaine, bacon, red onion, tomato,  
cucumber, baby shell pasta, and  
crumbled blue cheese  
with homemade vinaigrette

6.95

with chicken breast 8.95

with fillet of salmon 9.25

### GRAN-RASPBERRY-APPLE CHICKEN SALAD

grilled chicken over fresh spinach tossed with  
craisins, walnuts, sliced apple, and blue cheese  
in a light raspberry vinaigrette

8.95

### GRILLED CHICKEN SALAD

grilled chicken served over romaine lettuce  
and fresh vegetables, topped with your choice of dressing

8.25

### SOUP & SALAD COMBO

a bowl of minestrone or soup of the day with a  
garden salad

6.75

Add a Garden salad or cup of Soup to any entree for  
\$1.95



## PANINI

SERVED WITH FRENCH FRIES OR RED CABBAGE SALAD

### ITALIAN SAUSAGE PANINO

homemade italian sausage with peppers, onions,  
and mozzarella on italian bread,  
toasted on the panini grill

7.95

### CHICKEN BREAST PANINO

with prosciutto, mushrooms, & mozzarella, on  
italian bread, toasted on the panini grill

7.95

### SCRAMBLED PANINI

scrambled eggs, crisp bacon,  
red peppers, and american cheese  
toasted on the panini grill

6.25

add italian sausage 2.00

### SUPER CLUB

turkey, prosciutto, mozzarella, american  
cheese, tomato and lettuce, serve on toasted  
white or whole wheat bread

7.25

### TURKEY CLUB

turkey, tomato, lettuce, provolone cheese  
on white or whole-wheat bread

6.95



### ITALIAN BEEF

served on a freshly baked torpedo bun.

7.25

with green peppers or provolone add .50

### MEATBALL SANDWICH

served on a freshly baked torpedo bun.

6.75

provolone add .50

### MONASTERO HAMBURGER

ground beef grilled and topped with tomato,  
lettuce, onion, and light mayo with  
choice of provolone or american cheese

6.75


## Monastero's House Specialties

TO ENSURE QUALITY SERVICE, SEPARATE CHECKS ARE NOT ALLOWED.

AN 18% GRATUITY MAY BE ADDED TO TABLES OF 5 OR MORE. THERE IS A \$2.95 SHARED PLATE CHARGE.



NO PROMOTIONAL OFFERS ARE VALID WITH SHARED PLATES.

## PASTA

<b>SPAGHETTI OR MOSTACCIOLE</b> ~ with choice of meat, tomato or marinara sauce •baked with cheese .50	9.95
<b>HOMEMADE MANICOTTO</b> ~ ricotta filled pasta, rolled and topped with tomato sauce & bechamel	7.95
<b>HOMEMADE CANNELLONE</b> ~ beef filled pasta, rolled and topped with meat sauce & bechamel	8.25
<b>TORTELLINI ALLA BOLOGNESE</b> ~ meat filled tortellini served in a rich meat ragu	7.95
<b>BABY SHELLS WITH SPINACH &amp; RICOTTA</b> ~	7.75
<b>PUMPKIN RAVIOLI AL GORGONZOLA</b> ~ with walnuts in a creamy gorgonzola sauce	8.25
 <b>HOMEMADE LASAGNA</b> ~ choice of meat or spinach & ricotta lasagna, baked with meat or tomato sauce and topped with bechamel	8.50
<b>PENNE ALL' ARRABBIATA</b> ~ with mushrooms and pancetta in a spicy tomato sauce	7.95
<b>ASPARAGUS SHITAKE RISOTTO</b> ~ with asparagus, shitake mushrooms, parmigiano, cream & butter	8.95
<b>CHICKEN RISOTTO</b> ~ with grilled chicken breast, mushrooms, and red peppers	8.75
<b>FETTUCCINE AL FREDO</b> ~ fettuccine in a parmigiano butter cream sauce	7.25 with chicken 8.75




## SEAFOOD

SERVED WITH CHOICE OF PASTA OR POTATO

<b>ALMOND CRUSTED FILLET OF TILAPIA</b> ~ encrusted with slivered almonds in a light lemon sauce	9.95
<b>SEAFOOD RISOTTO</b> ~ arborio rice topped with shrimp, calamari, baby clams, & a hint of marinara	10.95
<b>CIOPPINO</b> ~ stew of shrimp, mussels, calamari, polpo, crab claws, and other ocean fish served over linguine	11.50
 <b>SHRIMP ITALIANA</b> ~ shrimp baked in olive oil, garlic, bread crumbs, and wine	10.25
 <b>WHITEFISH ALLA GINA</b> ~ oven broiled, topped with bread crumbs, light garlic & olive oil	8.50
<b>GALAMARI FRA DIAVOLO OR SHRIMP FRA DIAVOLO</b> ~ sauteed and served over linguine with a spicy tomato sauce	9.50
<b>SOLE A LIMONE</b> ~ fillet of sole sauteed in a light lemon - butter sauce	8.50
<b>GRILLED FILLET OF SALMON</b> ~	9.25
<b>FRIED GALAMARI</b> ~ served with cocktail sauce	8.95

## SECONDI

SERVED WITH CHOICE OF PASTA OR POTATO

<b>CHICKEN BREAST LIMONE</b> ~ chicken breast sauteed in a lemon - butter sauce	8.50
<b>CHICKEN BREAST MARSALA</b> ~ chicken breast sauteed with mushrooms & scallions in a marsala wine sauce	8.75
<b>FRITTATA SICILIANA</b> ~ with cheese, onion, mushrooms, green peppers, and potatoes	7.50
 <b>HALF RACK OF RIBS</b> ~ served with our homemade barbeque sauce	9.75
<b>VEAL MARSALA</b> ~ breaded veal cutlet with mushrooms in a marsala wine sauce	9.95
 <b>CHICKEN BREAST PARMIGIANA</b> ~ breaded & baked in tomato sauce with mozzarella cheese	8.75
<b>EGGPLANT PARMIGIANA</b> ~ eggplant baked with tomato sauce & mozzarella cheese	7.75
 <b>ARANCINE SICILIANE</b> ~ risotto filled with ground beef, tomato sauce, & green peas, then deep fried	7.50
<b>CHICKEN BOLOGNESE</b> ~ chicken breast sauteed in a light creamy tomato sauce and topped with melted provolone	8.75
<b>BRACIOLE</b> ~ beef roll stuffed with cheese, egg, breadcrumbs & herbs, baked in tomato sauce & served with anna potatoes	10.95

### A LA CARTE SIDE DISHES

Green Beans 1.75	Spaghetti, Penne, Angel Hair 3.75
Broccoli 1.75	( with tomato or meat sauce)
Spinach 1.75	Italian Sausage 3.95
French Fries or	Cabbage Salad 1.95
Cottage Fries 1.95	Meatballs 3.95

### BEVERAGES

Coffee, Ice Tea, Hot Tea	2.00
Coke, Diet Coke, Sprite, Ginger ale	2.00
Espresso	2.25
Cappucino (regular or decaf )	3.50
Cappucino with liquor	5.00